



THE SCORPIO BELTANE FIRE RITE

Releasing the Old Self · Summoning the New

Full Moon in Scorpio x Beltane · May 1, 2026

ACADEMY OF THE GOLDEN GATE

Master Yourself. Ascend.

About This Ritual

Tonight carries a convergence that is genuinely rare. The Full Moon rises in **Scorpio** — the sign of death, rebirth, hidden power, and the shadow self — on the same night as **Beltane**, the ancient Celtic fire festival marking the halfway point between spring and summer.

Our ancestors lit sacred fires on Beltane to burn what no longer served the new season. They walked between the flames as an act of purification — letting the old self enter, and the new self emerge.

When Scorpio says let it die and Beltane says walk through the fire to be reborn — on the same night — that is a full-body, soul-level initiation.

What This Ritual Does

This four-part rite guides you through:

- ◆ **Opening:** Creating a sacred container and grounding your energy
- ◆ **The Shadow Scroll:** Writing and burning what you are releasing
- ◆ **The Beltane Invocation:** Calling forward who you are becoming
- ◆ **Closing & Integration:** Sealing the work and journaling the shift

Supplies

- A candle — red, black, or white all work
- Paper and pen (two sheets)
- A fireproof bowl or plate
- A small bowl of water
- Your journal (for integration writing after)
- Optional: red or dark flowers, pomegranate seeds, bay leaf, incense

Best time to perform: after sundown on May 1st through the night. Peak power: midnight.

STEP 1 OPENING — CREATING SACRED SPACE

Ground yourself

Sit or stand barefoot if possible. Take three slow breaths — in through the nose, out through the mouth. With each exhale, imagine roots growing from the soles of your feet deep into the earth. You are held. You are here.

Light your candle

As you light it, speak aloud or in your heart:

"I open this space between worlds. I call in the light of the Scorpio Full Moon and the sacred fire of Beltane. I am ready to see what I have been carrying. I am ready to let it burn."

Anoint with water

Dip your fingertips in the bowl of water. Touch your forehead, then your throat, then your heart, then both palms. This is your purification before entering the depth of the work.

STEP 2 THE SHADOW SCROLL — WRITING WHAT BURNS

Write your Shadow Scroll

Take your first sheet of paper. At the top, write: **"I release the version of me that..."**

Then write freely. Do not edit. Do not soften. Let Scorpio pull it out of you — the identities you've outgrown, the wounds you've been dragging, the stories that have kept you small. This is not self-punishment. This is honest acknowledgment.

Examples: the version of me that waits for permission. The one who shrinks to keep others comfortable. The one who believes love must be earned. Write what is true for you.

Read it aloud

Hold the paper and read what you wrote out loud, even if your voice shakes. Hearing your own words matters. You are naming what you have been carrying. Naming is not shame — it is power.

Speak the release

Before you burn, say aloud:

"I honor who you were. You kept me safe when I needed you. But I do not need you anymore. I release you now — completely and with love — and I do not call you back."

Burn the paper

Light the paper from your candle and place it in your fireproof bowl. Watch it transform. As it burns, breathe slowly. You are witnessing a death. Honor it. Do not rush.

Safety note: Keep papers small, use a fireproof bowl, and never leave fire unattended.

STEP 3 THE BELTANE INVOCATION — CALLING IN THE NEW

Write your invocation

Take your second sheet of paper. At the top, write: ***"I now call in the version of me who..."***

Write everything you are becoming. Be bold. Be specific. Let it feel impossible and inevitable at the same time. This is not wishful thinking — this is declaration.

Walk through your symbolic fire

Pass your hands slowly over your candle flame — safely, without touching it. Feel the heat. Imagine you are walking between the ancient Beltane bonfires. The version of you that wrote the Shadow Scroll walked in. A different one walks out.

Speak the full invocation aloud

Speak slowly. Let each line land in your body before moving to the next.

"Under the Scorpio Full Moon, on the sacred night of Beltane, I call myself forward. I am [your name]. I have walked through the fire. I have released what was mine to release. I am reborn — not into who I was performing, but into who I have always been becoming. What I have named tonight is already mine. I move now as the one I have claimed."

Keep this paper

Fold it and place it somewhere sacred — under your pillow, on your altar, inside your journal. This is your Beltane seed. Read it every morning for the next 30 days.

STEP 4 CLOSING & INTEGRATION

Give thanks and close

Speak aloud:

"I give thanks to the Full Moon in Scorpio for her depth and truth. I give thanks to the Beltane fire for purification and renewal. I close this space with gratitude. So it is."

Seal the candle

Do not blow your candle out — snuff it or pinch it. Blowing disperses the energy. Snuffing seals it.

Journal immediately after

Sit with your journal and write freely. Prompts to guide you:

- ◆ What came up during the burning? What surprised you?

- ◆ What did you feel when you read the invocation aloud?
- ◆ What does the version of you who has crossed the fire feel like in your body?
- ◆ What is the first small action that version of you would take tomorrow?

A Note on Integration

A ritual is a doorway. What you choose to walk through it is the real work.

The Scorpio Full Moon portal stays active for approximately three days. You may feel emotional, tender, or unusually clear in the days that follow. This is normal. You have moved something real.

Honor the shift by being intentional in the 72 hours after this rite. Protect your energy. Spend time in stillness. Avoid situations that pull you back into old patterns. Read your invocation paper every morning.

The 30-Day Practice

Each morning for the next 30 days, begin your day by reading your Beltane invocation aloud. You are training your nervous system to recognize the new identity as *you* — not as something you are chasing, but as something you have already claimed.

Notice where the old pattern tries to resurface. That is not failure — that is information. Scorpio asks us to see clearly, not to be perfect.

If Tonight Opened Something in You

This ritual touches the surface of very deep work. The questions it raises — about identity, about what you've been performing, about who you actually are becoming — deserve a structured container.

The **Transformation Arc** at the Academy of the Golden Gate is that container. Three complete courses — the Foundation Reset, the Deepening Practice, and Self-Mastery and Integration — that take you through stabilization, shadow excavation, and full embodied leadership. From the inside out.

You can begin for free with the **Foundation Reset Intro Module**, available now at the link below.

READY TO GO DEEPER?

This ritual is part of The Transformation Arc — a complete pathway through stabilization, shadow work, and self-mastery.

Begin with the FREE Foundation Reset Intro Module.

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